

Night Cream

Premium Natural Sleeping Aid for A Good Night's Sleep - Pure Magnesium Cream Blended with Organic Therapeutic Essential Oils

Our Night Cream is a natural sleeping aid made of a unique blend of ingredients and organic essential oils that work together to help give you a deeper and more restful sleep every night. Works effectively whether you are a light sleeper, simply can't get to sleep at all, wake with restlessness or nighttime cramps.

Excellent Quality Blend: Every ingredient is specifically chosen to work together to help you sleep better by relaxing the body and mind for a full night's rest.

Magnesium: Works as an effective muscle relaxant because of its ability to relax the brain and nervous system. Magnesium is known to assist with restless legs and nighttime cramps.

Lavender: Studies have shown lavender oil helps alleviate anxiety, sleep disturbance and even combats depression.

Sweet Marjoram: Commonly used to treat people with sleep disorders for its ability to calm and sedate the mind which reduces hypertension and calm the nervous system.

Arnica Montana: Reduces pain and stiffness overnight allowing you to move more freely on waking.

HOW TO USE: Night cream applied liberally to the feet, legs and back of neck 15 minutes prior to bed. Alternatively massage into any area of the body to aid relaxation.

CONTAINS: 29% magnesium chloride hexahydrate plus 2% Arnica. 5g (1 teaspoon) contains 300mg of elemental magnesium.

KEY INGREDIENTS AND WARNINGS:

Natural formulation: Distilled water, Magnesium Chloride Hexahydrate, Sweet Almond Oil, Glycerine, Cetearyl, Glyceryl Stearate, Sodium Stearoyl Lactylate, Hydroxypropyl Starch Phosphate, Arnica Oil, phenoxyethanol, lavendula officianalis and marjoram hortensis.

Some people may experience a tingling affect when they first apply, this is simply the magnesium being drawn into the skin. This will subside with continued use. If symptoms persist consult your healthcare practitioner.

EVIDENCE: Chandrasekaran NC, Sanchez WY, Mohammed YH, Grice JE, Roberts MS, Barnard RT. Permeation of topically applied Magnesium ions through human skin is facilitated by hair follicles. Magnes Res 2016; 29(2): 35-42 doi:10.1684/mrh.2016.0402.

ALL NATURAL
AND DRUG FREE
FORMULATION

LAVENDER
AND SWEET
MARJORAM



Available in 125ml, 250ml (pump) and 500ml (pump).