## essentialmagnesium

# Lucas Magnesium Cream 4 Kids

### Kids too benefit from magnesium!

Lucas Magnesium Cream 4 KIDS is specially formulated for kids with Arnica and Aloe. A strength which is gentle to the skin and suits their required nutritional intake!

Providing an easy solution for kids who need a boost of magnesium for health and wellbeing, muscle growth and for rest and relaxation. Ideal for children who have troubling nodding off to sleep, experience those pesky growing pains, you know the ones that show up at night, and those who experience cramping.

All Natural formulation of Magnesium Chloride, Arnica and Aloe Vera.

**Magnesium:** works to relax the body and mind and assists as a natural sleeping aide.

Arnica: reduces pain and stiffness in muscles and joints.

Aloe Vera: healing and calming on the skin.

#### **NATURAL NO NASTIES FORMULATION:**

Distilled water, Magnesium Chloride Hexahydrate, Sweet Almond Oil, Glycerine, Cetearyl, Glyceryl Stearate, Sodium Stearoyl Lactylate, Hydroxypropyl Starch Phosphate, phenoxyethanol, Arnica Oil, Aloe Vera.

5g (1tsp) contains approximately 150mg elemental magnesium.

# **REST AND RELAXATION/ IRRITABILITY:** Apply our Magnesium Cream 4 KIDS to the soles of feet, legs or use

Magnesium Cream 4 KIDS to the soles of feet, legs or us as a massage cream to assist relaxation before bed.

#### **GROWTH SPURTS/ MUSCLE AND JOINT HEALTH:**

Apply to the area and massage in, repeat as required.

DO NOT USE ON BROKEN OR INFLAMED SKIN



ALL NATURAL AND DRUG FREE FORMULATION

> SIMPLE AND EASY TO USE

